ΠΤΩΧΟΦΑΡΜΑΚΟΝ

SEU

MEDICAMEN MISERIS,

OR

Pauperum pyxidicula ſalutifera.

Help for the Poor,

Collected for the benefit of ſuch as are not able to make uſe of Phyſitians and Chirurgians, or live remote from them.

Alſo an Appendix concerning letting blood in the Small Pox.

By ROBERT PEMEL, Phyſitian of *Crane-brook* in *Kent*.

Si verò occaſio ſerendæ opis ſe obtulerit, & peregrino, & egendo, maximè talibus, opituleris. Hippoc. præcept. Fol. 22.

LONDON,

Printed by *J. L.* for *Philemon Stephens*, at the *Gilded-Lion*, in *Pauls* Church-yard, 1650

To the Reader, and more ſpecially to my Friends and Neighbours of *Cranebrook* in Kent.

Loving friends, and Neighbours, and Gentle Reader, whoſoever thou hap to be. It's every mans duty to be doing good to others, or to receive good from others; for ſurely no man was born for himſelf onely; yet ſo it falls out that moſt men are ſelf-ſeekers, in theſe dayes. I have here, for the benefit of the poorer ſort of people, gathered ſome choice and eaſie medicines; moſt of them may ſoon be made, eaſily obtained, and that at any time of the year: yet I would deſire ſuch as are willing to make uſe of the medicines in this

Treatiſe, to take the beſt time for them, eſpecially for oyntments and plaſters, that are to be made with green herbes, that ſuch be made in the ſummer, when there is moſt virtue in them. The chief and main inducing cauſe hereof was theſe hard times, wherein the poor have ſcarce bread to eat, much leſs money to go to the Phyſitian or Chirurgion; and though plenty may come again, (which I heartily wiſh, and pray for) yet I hope this collection of mine may be uſeful to many then, as well as now. Thus deſiring a favourable acceptation of what I have done herein. I take my leave.

Yours in any Chriſtian

ſervice.

ROBERT PEMEL.

Vpon this help for the poor, collected by *Robert Pemel* Physitian.

WHat Herbs, Flowers, Min'rals, Trees the earth doth (bear,
For man his use and help, prepared are:
And God the bounteous Maker of them all;
Who first them planted on earths massy Ball,
And with their various Virtues them endew'd,
Intended them unto poor peoples good;
As well as of rich Lords, and Ladies, Gent.
Poor men in pain meet help and ease do want;
But Oh the love of gold and sordid gain,
That doth the Lords rich bounty much restrain!
Let a rich man lie sick, or pained be,
Upon his least request, to him doth flee
The Physick Doctour, or the Surgeon,
Their Soveraigne Medicines them to trie upon;
And him to cure, the love of large reward,
Which there he hopes, makes him the rich regard:
But let the poor sick or diseased lye,
Let him send for them, let him call and cry;
They are as deaf as Baal to his Priests;
He hath no gold to grease them in their fists.
Loe here a pitiful Samaritan,
That taking care for the poor needy man,
Doth him provide of easie medicines,

Which nor are coſtly, nor are hard to finde;
So his own Doctour in need he may be,
Without the care of any Doctours fee.
Let then, good friends, this Authour have your praiſe,
And thanks for theſe ſo helpful his eſſayes:
Wherein conſpires much skilful induſtry;
With more of love and Chriſtian charity.

J. E.

Againſt

Againſt Burning and Scalding.

TAke of the whites of eggs two ounces, oyl of Roſes (or for want thereof, Sallet-oyl) one ounce, beat them well together. Dip fine rags in the ſame, and apply them to the burn or Scald. This cures ſpeedily, ſafely, and exactly, by taking away the heat, eaſing pain, and leaves no ſcar behinde.

Or,

Take one ounce of oyl of Roſes, of ſweet cream two ounces, of honey half an ounce, mingle them together and apply it.

Or,

Take of freſh and new Butter out of the churn, and not at all ſalted,

what quantitie you will; boyl it with a ſufficient quantity of Gooſe-dung, then ſtrain it into fair and ſweet Spring-water. Strain it thus, five or ſix times, (for the oftener it is done, the more virtue it hath) then laſt of all, ſtrain it into Roſe-water, and waſh it often therewith; put it up, and keep it for your uſe. This *Stocherus* commends, and ſaith he had experience of it in himſelf, in the year 1509. *Praxis Stocherj. fol.*344.

Or,

Take quick Lime and waſh it nine or ten times in fair water; let it ſtand in every water, two or three hours; then pour off the water and put more to it. Take the waſhed Lime (being ſtrained from the water) and add to it oyl of Roſes and the whites of eggs; make an oyntment and keep it for your uſe.

Or,

Take Lime and put it into fair water, and let it ſtand therein four or five dayes, changing the water every day; then dry it, and make it into fine powder; mixe it with a ſufficient quantity

of

of Lineſeed-oyl, and keep it for your uſe.

Or,

Take of old Hogs-greaſe what quantity you will, ſtrain it into cold water, and add to it a ſufficient quantity of the whites of eggs, beat them well together, then apply them to the burn or ſcald on linnen.

Or,

Take Ivy-leaves (ſuch as grow neer the ground) Marigold-leaves, Woodbind-leaves, and Plantaine, of each a good handful, cut them ſmall, and bruiſe them; then boyl them in ſix or eight ounces of Hogs-greaſe, ſtrain them, and keep it for your uſe.

Or,

Take two handfuls of groundſel, as much of Houſ-leek, of Barrowes-greaſe ſix ounces, ſtamp them together, and put thereto two handfuls of new Sheeps-dung; ſtamp them altogether, and boyl them gently at the fire, ſtrain them, and keep it for your uſe.

Or,

Take four ounces of Gooſe-dung, of one nights making, and of freſh

Butter,

Butter, or Sheeps-ſuet, three or four ounces; Fry them gently in a pan together, ſtrain it, and wet clouts in the ſame, apply it to burning or ſcalding.

Or,

Take of the inward bark of the Elder four ounces, of Sheeps ſuet half a pound, of Sheeps-dung ſix ounces. Fry them together, and being ſtrained, keep it for your uſe.

Or,

Take of the juice of Houſleek, Plantaine, Comfrey, (the leſſer of each) two ounces, of Sheeps-dung one ounce, Sheeps-ſuet half a pound. Boyl them together with a gentle fire, then ſtrain and reſerve it.

Or,

Take of Mulleyn, Plantain, of each one handful, of Burnet half a handful of Ale-hoof four handfuls. Bruiſe them groſly together, let them ſtand eight dayes; then add to them of Sheeps-dung and wax a ſufficient quantiy, then ſtrain it and keep it to uſe.

Or,

Take of the hearb Prunella two handfuls; beat it with three or four ounces of

of fresh Butter; let them stand together three or four dayes, then boyl them with a gentle fire, strain it and keep it for your use.

Or,

Take oyl of Roses two ounces, the yolkes of six eggs, beat them very well together, and add thereto fourty grains of Saffron in powder; spread it on linnen and lay it upon the burned parts.

Or,

Take of Night-shade-water, and Plantain-water, yolks of eggs, oyl of Roses, and Virgins wax, of each a like quantity. First melt the oyl and wax together, then put in the waters, and last of all the yolks of eggs by degrees, being first well beaten together. Keep it to use.

Or,

Take a quart of sweet cream, a handful of Fern-roots, wash and clean the roots, cut them in small pieces, then boyl them in the Cream till it be a kinde of jelly. Spread it on linnen and lay it to burning or scalding.

Or,

Take of Linſeed-oyl four ounces, of new wax two ounces, of the whites of eggs a ſufficient quantity, mix them together on the fire, and keep it for your uſe.

Or,

Take four ounces of freſh Butter, then pour it (being melted) into cold water, and waſh it til it be very white, pour away the water, and keep it for your uſe.

If the skin be not broken, then uſe the juyce of onions with ſalt in fine powder.

Or,

Take black Sope and Honey of each a like quantity, mixe them together.

Or,

Take the juyce of Elder-berries and mix it with the white of an egg. Apply it.

Take heed you uſe not the former of Salt and Sope where the skin is off or broken, for then it will cauſe great pain.

Againſt

Againſt burning with Gunpowder.

TAke of the juyce of Houſleek four ounces, of the whites of three or four eggs new laid, beat them wel together till they froth, then mix the juyce with it. Dip linnen cloths in the ſame, and lay it warm to the burned part.

Or,

Take the juyce of Onions two ounces, of Linſeed-oyl one ounce, mix them together, and apply it.

Or,

Take of black Sope half a pound, of the beſt Honey four ounces, of Salt in powder half an ounce : mix them together. This muſt not be uſed where the skin is off.

For the ſame, if the burning be about the eyes or the eye-lids.

Take of red Roſe-water four ounces, of womans milk two ounces, of the whites of two eggs, of white Sugar-Candy in fine powder one ounce and a half, mingle them together, and keep it for your uſe.

If

If the burning be in the face, use this.

Take two ounces of oyl of Roses, of red Rose-water one ounce, of the whites of two eggs, mingle them together, and apply it.

For Burning, Scalding, Itch, Sore-Nipples, Piles both inward or outward, Kibes or any inflamation, as also for a green wound.

TAke half a pound of Litharge of "gold, in as few pieces as you can "finde them, burn it in a clear fire till "it glow like burning coal; then beat it "into fine powder, and put to it three "pints of white wine Vinegar; boyl it "to a quart, then let it stand seven "hours, afterwards pour it all off (from "the gravel or dross) into a pint of "Sallet-oyl. Beat them well together "into a Salve.

"For burning and scalding it must be "laid on with lint or linnen cloth, and "changed every two hours, till the fire "be out. "where

"*Where the skin is much off in burn-*
"*ing or ſcalding, it will cauſe pain and*
"*ſmarting. Wherefore in ſuch caſes*
"*work a little more oyl into the oynt-*
"*ment, to allay the ſharpneſs of the vi-*
"*negar.*

"*If the Litharge be very ſmall pie-*
"*ces or in powder, you may burn it in a*
"*fire-ſhovel, and it will be of equal vir-*
"*tue with the larger pieces.*

This is commended from long experience in divers families of acquaintance, with the Printer of this Treatiſe, who dwelleth at the *Gilded-Lion* in *Pauls-Churchyard.*

Againſt green Wounds.

TAke of the leaves of the hearb called Clowns-wound-wort, or All-heal, two handfuls; of Barrows-greaſe three or four ounces: bruiſe the hearb, and frye them together; ſtrain and keep it for your uſe.

Or,

Take three handfuls of All-heal, bruiſe it, and add thereto of Sallet-oyl four ounces, of Roſen one pound, of wax ſix ounces, of Sheeps-ſuet half a pound

pound; cut the Suet ſmall, and the wax, then ſet them on the fire to boyl gently, ſtrain it into cold water, and make roules thereof, which is excellent to cure moſt green wounds. If you cannot get this hearb, take Comfrey, Prunella, or Melilot, in the room thereof,

Or,

Stamp the roots of Solomons ſeal, and lay it to any green wound after it hath done bleeding.

Or,

Take Comfrey, Bugle, or Prunella, ſtamp them and fry them with May-Butter, ſtrain it, and keep it for your uſe.

Touching the virtues of the herb *Clowns-wound-wort* or *All-heal*, I have thought fit to inſert in this place, that which is related by Mr. *Joh. Gerrard*, in his Herbal as may be ſeen in the laſt Edition thereof, Printed 1635. *Lib.* 2. *Chap.* 390. *pag.* 1005.

The *leaves hereof ſtamped with* Axungia *or Hoggs-greaſe, and applied*

"plied unto green wounds in manner of "a poultess, healeth them in short time "and in such absolute manner, that it is "hard for any that have not had the ex- "perience thereof, to believe. For be- "ing in Kent about a patient, it chanced "that a poor man in mowing of Pease "did cut his leg with a sithe, wherein he "made a wound to the bone, and withal "very large and wide, and also with "great effusion of blood: the poor man "crept unto this herb, which he bruised "with his hands, and tied a great quan- "tity of it unto the wound with a piece of "his shirt, which presently stanched the "bleeding, and ceased the pain; insomuch "that the poor man presently went "to his dayes work again, and so did from "day to day, without resting one day un- "til he was perfectly whole: which was "accomplished in few dayes, by this herb "stamped with a little hogs-grease and "so laid upon in manner of a poultess; "which did as it were glew or soder the "lips of the wound together, and heal ac- "cording to the first intention, as we "term it, that is, without drawing or "bring the wound to suppuration or

"matter which was fully performed in "seven dayes, that would have required "fourty dayes with balsam it self. I "saw the wound, and offered to heal the "same for charity, which he refused, say-"ing, that I could not heal it so well as "himself; a clownish answer I confess, "without any thanks for my good will; "whereupon I have named it Clownes-"wound-wort as aforesaid, since which "time my self have cured many grie-"vous, and some mortal, with the same "herb, One for example, done upon a "Gentleman of Grays-Inn in Holborn, "Mr. Edmond Cartwright, who was "thrust into the lungs, the wound en-"tring in at the lower part of the Tho-"rax or the brest-blade, even through "that Carliginous substance called "Mucronata Cartilago insomuch that "from day to day the frothing and puf-"fing of the lungs, did spew forth of the "wound such excrements as it was pos-"sessed off; besides, the Gentleman was "most dangerously vexed with a double "Quotidian Fever, whom by Gods per-"mission I perfectly cured in very short "time; and with this Clownes experi-

"ment,

"ment, and some of my foreknown helps, "which are as followeth.

"First, I framed a slight Unguent "hereof thus; I took four handfuls of "the herb stamped, and put them into a "pan, whereunto I added four ounces of "Barrowes-grease, half a pint of oyl-"olive, wax three ounces; which I boil-"ed unto the consumption of the juyce, "which is known when the stuffe doth "not bubble at all: then did I strain it "putting it to the fire again, adding "thereto two ounces of turpentine the "which I suffered to boyl a little, reser-"ving the same for my use.

"In like manner, I cured a Shoo-ma-"kers servant in Holborn, who inten-"ded to destroy himself for causes known "unto many now living; but I deemed "it better to cover the fault, then to put "the same in Print, which might make "such a graceless fellow to attempt the "like; his attempt was thus. First he "gave himself a most mortal wound in "the throat, in such sort, that when I "gave him drink it came forth at the "wound, which likewise did blow out the "candle; another deep and grevious

"wound in the breſt, with the ſaid dag-
"ger and alſo two others in Abdomine
"or the neather belly, ſo that the Zirbus
"or fat, commonly called the Caul, iſſu-
"ed forth with the guts; the which mor-
"tal wounds by gods permiſion and the
"virtues of this herb, I perfectly cured
"within twenty dayes; for the which the
"Name of God be praiſed.

Againſt the ſhingles.

TAke Doves-dung, and mix it with oyl of Roſes or Sallet-oyl; apply it to the place affected.

Or,

Take Swans-dung, or for want thereof) Goos-dung, mix it with the white of an egge, and uſe it.

Or,

Take Doves-dung two or three handfuls, of wheaten meal and wine-vinegar, of each ſo much as is ſufficient to make them into a Poultes. Apply it, and lay a Cole-wort-leaf on the top thereof: renew it every ſix hours.

Or,

Take of Plantan-water ſix ounces of

of Vinegar of Roſes (or in the room ſtrong wine Vinegar,) one ounce; mix them together, dip linnen rags therein; apply it warm to the place affected and to the adjacent parts; renew it ſo often as it dryeth up the linnen raggs.

Or,

Take of the juyce of Plantain, the juyce of Houſleek, the juyce of Night-ſhade, and ſtrong wine Vineger, of each a like quantity; mix them and uſe it as before.

Or,

Take half a pint of Cream, mix with it Bran or crums of white bread ſteeped in milk, and make a Poulteſs thereof. Apply it warm.

Or,

Take oyl of Roſes, oyl of Violets, oyl of Chamomil, and juyce of Plantain; of each one ounce: mix them together, and apply.

Or,

Anoynt the place with the blood of a Cat warm.

Againſt

Againſt Tetters, Ring-wormes.

TAke of Barrowes-greaſe two ounces, of Tarr one ounce; boyl them gently together, and put therein of Elicampane in fine powder, half an ounce; with this anoint the Tetter morning and evening.

Or,

Take red Dock-rootes, cut them into thin ſlices, and ſteep them all night in ſtrong wine Vinegar; with this waſh the place often, or ſtamp the rootes and vinegar together in a morter, and apply it.

Or,

Take of Allom one ounce, of Garlike as much; dry the Garlike and burn it to aſhes, beat alſo the Allom to powder; mix them with a ſufficient quantity of vinegar and honey: boyl them gently to a good body (taking off the skum as it riſeth,) and keep it for your uſe.

Or,

Take of the beſt Aloes one ounce and a half of ſtrong wine vinegar three ounces,

ounces; let the Aloes be made into fine powder; mix it with the vinegar and add thirty drops of oyl of Vitriol; wash the place therewith, being first shaken together.

Or,

Take of quick Lime four pound, quench it in three gallons of scalding water, mix it well together and strain it, then let it settle, and keep a gallon of the clearest for to wash the Tetter.

Or,

Take a quart of white wine vinegar, boyl therein of Wood-bindeleaves, Sage and Plantain, of each one handful, of White-Coperas four ounces, of Allom as much as an egge; boyl them to half a pint, or three quarters of a pint; strain out the liquor, and wash the Tetter therewith.

Against Biles or Fellons.

TAke the crumes of Bread, Raisons of the sun stoned, of each a sufficient quantity, add to them Hogsgrease, Leaven, Cowmilk, and a little Saffron; Apply this till it break; then

draw out the corruption with plaſters of Burgundie-pitch.

Or,

Take Smallage, Rue, and red Sage, of each one handful, cut and bruiſe them, and mix therewith Leaven, and the Grounds of ſtrong Ale or Beer. Apply it.

Or,

Take Rag-wort, Rue and Hyſſope, of each as much as you can hold in two of your fingers, one clove of Garlike and a little piece of ſowr Leaven, a ſpoonful of bay Salt, and a piece of ruſtic Bacon; beat them together and lay it on for twenty four hours ſpace.

Or,

Take of fine Malt-flower a handful, of Sope as much as a Wallnut; boyl them together in beer until it be thick; lay this to the place and change it two or three times in a day.

Or,

Take red Sage, Rue, Snailes, Bayſalt and Bacon, of each a ſufficient quantity, beat them together and apply it.

Or,

Or,

Take red Sage, Rue and Ragwort, of each a handful, cut and bruiſe them: Add thereto of ſowr Leaven about the bigneſs of a Tennis-ball, of Tarr two ſpoonfuls, of black Sope a ſpoonful; ſtamp them all together, and apply it morning and evening.

Or,

Take ſome wheaten flour, and boyl it in Beer or Ale to a good thickneſs, apply it warm.

Or,

Take the leaves of Sorrel, Marſh Marigold of each half a handful, white Lillie root a quarter of an ounce, ſtamp them a little together, then lap them in a Dock-leaf and roaſt them in Embers. Apply it hot.

Or,

Take Bay-ſalt in powder and mix it with the white of an egge. Apply it.

Or,

Take half a handful of Smallage, wheaten Leaven, black Sope, the white of an egge and wheat flower; ſtamp them together and lay them on a cloth

cloth to the Fellon.

Againſt Kibes and Chil-blains.

TAke Pomgranate pill, bruiſe it, then being boyled in white wine or Vinegar; waſh the place therewith.

Or,

Take of the bitter Vetch called Orobus one ounce; bruiſe and boyl them in water, with which bath the place.

Or,

Take Camomill and Melilot of each half an ounce, of Marſh-mallow-roots one ounce, Cummin-ſeed and Bay-berries of each a quarter of an ounce; make them in powder, and mix therewith four ounces of Boars-greaſe, or Hogs-greaſe. Anoint the Kibes with it.

A Rape or Turnep roaſted with freſh-Butter, and applied, is good for the ſame.

Or,

Earth-worms boyled in oyl, with which anoint the Kibes.

Or,

Or,

Take the pap of Apples and Turneps of each three ounces, of fresh Butter two ounces, of Ducks-grease, or Swans-grease, or Capons-grease, one ounce; mix them together and apply it.

Or,

Wash the feet or hands with Brine of Beef, or with the pickle of Olives.

Or,

Bath them with Oates boyled in water and Vinegar.

Against the Itch and Scab.

TAke a handful of yellow Dock-roots, bruise them very well, then boyl them in six ounces of Hogs-grease, strain it, and being cold, add thereto half an ounce of Brimstone in fine powder, and a quarter of an ounce of Elecampane root in powder; mix them together, and anoint the itch therewith.

Or,

Take the juyce of Scabious and Fumitorie, of each one ounce, powder of Elecampane a quarter of and ounce, oyl

oyl of Roſes and white Lillies, of each half an ounce; boyl them in two or three ounces of Vinegar till it be thick. Keep it to uſe.

Or,

Take four ounces of ſtrong Vinegar, of Roch-Allom half an ounce; of Plantain, Sink-foyl, Honey-ſuckle leaves, of each half a handful; boyl them gently to the waſting of half then add to the ſtrained liquor a quarter of an ounce of white Mercury in fine powder. Boyl them a little, and keep it, to waſh the Itch with.

Or,

Boyl Dock-roots, Scabious, Sope-wort, Fumitorie and Sorrel in water and Vinegar. Bath with it.

Or,

Take water-Betonie two good handfuls, Dayſie-leaves and Ale-hoof or Ground-Ivy, of each a handful, of red Dock roots as much; bruiſe them well, and mix therewith half a pound or twelve ounces of Hogs-greaſe, let them ſtand in a crock ſeven or eight dayes; then being boyled gently and ſtrained keep it for your uſe.

Or,

Or,

Take one ounce of Salt-Peter, half an ounce of Roch-Allom; boyl them in a pint of Vinegar till about half be conſumed, then uſe it to the place grieved.

Or,

Boyl Tobacco ſtalks in water and Vinegar; bath with it warm.

Or,

Take one ounce of Tobacco in fine power, of Brimſtone in powder a quarter of an ounce, mix them together with three four or ounces of Hogs-greaſe, and make an oyntment: with this anoint the body every night.

Againſt Bruiſes, and ſtrains.

IF the inward parts be bruiſed, give a little Sperma ceti (which the vulgar call Parmacitty) morning and evening with ſome Stone-pitch in powder. It may be taken in Beer, Poſſet-drink, or Sack.

Or,

Give twenty grains of Iriſh-ſlat powdered in any of the aforeſaid liquors.

Or,

Or,

Pour out the white of an egge, and put in some Sperma ceti; roſt it ſoft, then ſup it up in a morning faſting.

If the party bleed, give him a Dram (which is half a quartern of an ounce) of Bole-armonack powdered in Poſſet drink, wherein St. Johns-wort and Bugle hath been boyled.

Outward means.

Take two ounces of oyl of Peter, one ounce of oyl of Turpentine, half an ounce of oyl of Roſes, as much of yellow wax, melt the wax in the oyles, and anoint with it.

Or,

Take Solomons-ſeal being green, bruiſe it and fry it with freſh-Butter. Apply it warm.

Or,

Take two pound of freſh-Butter; put to it of Brpom-flowers and Elder-flowers of each a good handful or more, of Sage half a handful; bruiſe the herb and flowers: mix them with the Butter, then put them in a Pipkin or Crock ſeven or eight hours in a Kettle

Kettle of hot water, cover it, and keep the Kettle alwaies full of water; when it hath thus boyled, take it out, and let it ſtand a while (but not till it be cold) then ſtrain, and reſerve it for your uſe.

Or,

Take Ale-hoof, Brook-lime and Smallage, of each a handfull; bruiſe them, and add thereto half a pound of Hogs-greaſe and ſheeps-ſuet; fry them together, ſtrain it, and when it is almoſt cold put thereto a little Spermaceti or oyl of Spermaceti; mix them together and keep it for your uſe.

Or,

Take Chickweed, Wheat-bran, and the Grounds of ſtrong Ale or Beer, cut the herb ſmall and mix them together, then apply them warm to the place, ſtrained or bruiſed.

Or,

Take Camomill, Worm-word, of each one handful, Red Roſe leaves half a handful, of Barly meal one handful. Boyl them ſoft in water or milk, then put freſh-Butter or oyl of Roſes to it, and lay it warm to the bruiſed part.

Againſt

Against Blackneſſe or Blewneſs of the face or eyes.

TAke of Caſtle-Sope two ounces, of the oyntment called Dialthæ one ounce, of Aquavitæ half a quarter of a pint, melt them together and anoint therewith morning and evening.

Or,

Take the the juyce of Solomons-ſeal, of Unguentum album, and the white of an egge, mingle them together, and apply it morning and evening.

Or,

Anoint with the oyntment Dialthæ mixed with a little Spermaceti.

Or,

Take the roots of blew Flower-Deluce, beat it with Roſe-water, then lay it between a linnen cloth and apply it to the eyes.

Or,

Take Paper four double; wet it well in cold water, and lay it to the bruiſe.

Againſt

Againſt Aches.

TAke Aqua vitæ, Neates-foot-oyl, oyl of Camomil, of each a like quantity; mingle them together, and uſe it againſt cold aches.

Or,

Take oyl of Exeter, Aqua vitæ and Oxe-gall, of each two ounces: mix them together, and uſe it.

Or,

Take four ounces of oyl of Bay, two ounces of Aqua vitæ; mix them together.

Or,

Take Camomil, Sage, Dill, Roſemary, of each a good handful; bruiſe and cut them; then add thereto a pint of Lin-ſeed-oyl. Boyl them together for the ſpace of half an hour, then put in half a pound of freſh-Butter; boyl it again very gently, ſtrain it, and keep it for your uſe.

Or,

Take half an ounce of oyl of Peter, oyl of Spike and Philoſophers oyl, of each a quarter of an ounce, oyl of Exeter half an ounce, mingle them together.

To draw out Thorns and Splinters.

APply common Turpentine to the place ſpred upon leather.

Or,

Make a plaſter of Galbanum, or Ammoniacum and lay it to the thorn or ſplinter.

Or,

Take a piece of Spunge, or a lock of wool, dip it in hot Urine, and apply it.

Or,

Bray Nettle roots and Salt together, lay it on.

Or,

Take the roots of Polypodium; bruiſe them with Barrows-greaſe, and apply it.

Or,

Take a piece of Foxtongue ſteeped all night in Vinegar, binde it faſt, and in a day or two it will draw it out.

Or,

Take black Sope, Tarr, Gooſe-dung, or Hens-dung; mix them together and apply it.

Or,

Or,

Take Honey, Oxe-gall, and chalk in powder; mingle them together and lay it to the place where the thorn is.

Against bleeding of the Nose.

TAke Olibanum, Aloes, Dragons-blood, Bole-armonack, of each half an ounce, make them in powder, and mix them with the white of an egge and the hair of a Hare that groweth under the belly; Apply it to the temples and nod of the neck, also put up a tent of the same into that nostril that bleedeth.

Or,

Take linnen clothes and wet them well in Vinegar; apply it cold to the privy members of him that bleedeth.

Or,

Take half a pint of Plantain water, as much strong wine Vinegar, mingle them together, and take linnen clothes, and wet therein, lay some of them to the soles of the feet, and some on the right side, where the Liver lieth, and some to the palmes of the hands, and

ſome to the nape of the neck and to the forehead. Or,

Take an egg-ſhell and fill it with the party his blood that bleedeth, dry it in hot Embers, make it into powder, and blow up ſome of it into his noſtrils with a quill.

Or,

Take four ounces of Plantain water or the juyce thereof, two ounces of ſtrong Vinegar, one ounce of the juyce of Knotgraſs, one ounce and a half of Bole-armonack in powder; mix them together, wet a double linnen cloth therein, and apply it cold to the forehead. Or,

Take Bole-armonack, Draggons-blood, of each one ounce in powder, mix them with the white of an egge and the juyce of Plantain to the form of a Poultis. In men that bleed, apply it to the forehead, temples and teſticles. In women, to the forehead, temples and breaſts.

Or,

Burn an egge-ſhel in the fire till it be as black as a cole, make it into fine powder, and let the party that bleeds ſnuff up ſome into his noſtrils.

Or,

Take Aloes one ounce, Milduſt half an ounce, the hair of an Hare cut very ſmall half a quarter of an ounce or leſs, mingle them together, and make Tents thereof with the white of of an egge, and put them up into the noſtrils. The Tents are to be made with fine Flax or Tow.

Againſt the bleeding of a wound.

IF a wound bleed, take the white of an egge Bole-armonack, and ſome Milduſt; mix them together, and lay it on Flax or lint binding it faſt.

Or,

Take the moſſe of an Oake, and lay it to the wound.

Or,

Take old clean linnen, burn it as you do Tinder, and lay it to the wound.

Or,

Lay on a Copweb that is clear from filth and dirt.

Againſt the Piles or Hemorrhoides.

TAke two handfuls of Pilewort, roots and all, bruiſe it and add two or three ounces of Hoggs-greaſe, boyl them gently together, then ſtrain it andanoint therewith: alſo boyl Pilewort in Beer or water, and drink a good draught of it morning and evenning.

Or,

Take burnt Muſcle-ſhells in fine powder half an ounce, Saffron in powder thirty grains; mix them with Honey, and anoint with it.

Or,

Beat the yolk of an egge and ſome Sallet oyl, or oyl of Roſes, together with ſome Saffron and Spread it on Leather, lay it to the place affected.

Or,

Take Melilot, Fenegreek, and Linſeed, of each a like quantity; bruiſe them and mix therewith the white of an egge, make a Poultes, and lay it to the Piles.

Or,

Or,

Take an Onion well roſted in the Embers, bruiſe it, and add thereto meal or powder of Fenegreek, Linſeed, and Camomil flowers, as much as ſufficeth; put alſo a little Butter and Saffron to it; make a Poultis and apply it.

Or,

Take the fat of a Hen and mix therewith the yolk of an egge, Saffron and oyl of Roſes. Lay it on.

Or,

Take two ounces of Doggs-dung in fine powder, four ounces of common oyl or Lin-ſeed oyl, boyl them gently together, then add two or three ounces of wax, and make an oyntment.

Or,

Take oyl of Violets (waſhed in Violet water) and freſh-Butter waſhed of each one ounce, of Lin ſeed-oyl half an ounce, with the yolk of an egge, and the fore-mentioned, make an oyntment.

Or,

Take Elder leaves and boyl them in water till they be very tender; with this bathe the Fundament warm, and lay on the leaves with a piece of Cot-

ten dipped first in the bath.

Or,

Take two ounces of oyntment of Roses, one ounce and a half of Populeon oyntment, the yolk of one egge, of Opium thirty grains; mix them together, and anoint therewith.

Or,

Take one ounce of Linseed-oyl, and two or three Plantain leaves, stamp them, and being gently boyled together, apply it. This doth ease pain.

Or,

Take Henbane leaves and Purslain, cut them small, then take crums of white Bread and boyl them all in Milk, till they be soft, add also the yolk of a hard roasted egge and oyl of Roses. Apply it to the Fundament.

Against bleeding of the Piles.

IF they bleed much take the juyce of Leeks, and give the party a spoonful thereof for three or four mornings together.

Or,

Give the juyce of Yarrow every morning for four or five dayes together.

Or,

Or,

Take of Oak leaves five handfuls, of Red Roſes two handfuls, of Acorn cups three handfuls; boyl them in a ſufficient quantity of water; In which quench often red hot Iron or Steel, and ſo bath the Piles therewith morning and evening.

Or,

Take of Acorn cups, or the leaves of the Oake one handful, boyl them in water, wet a red cloth therein, and apply it warm.

Or,

Take the parings of Horſe hoofs, burn it in a chafingdiſh of coles, and ſit over it.

Againſt a weak Back.

Inward means.

TAke one ounce of the pith of an Oxe black, one ounce of Dates, cut them in thin ſlices; boyl theſe in half a pint of Muſcadine, and take thereof every morning and evening.

Or,

Take of Clary and Nep of each a handful, cut them ſmall, then with eggs and

and flower make Batter, fry it with Butter, eat every morning thereof for a week or two.

Or,

Take as much of white and red Sanders in powder as will lye on a six pence every morning, in five or six spoonfuls of Muscadine, for a week or more.

Or,

Take of Knot-grass, Comferie and Cinque-foyl, of each two handfuls; boyl these with a knuckle of Veal and Raisons of the Sun, a few Cloves, and a little Mace, strain it and take it every morning with Rise in powder.

Or,

Boyl Isinglass in milk, and take every morning and evening a good draught.

Outward meanes.

Take Comfrie, White Archangel-flowers, Plantain and Shepherds purse of each a good handful; cut them and bruise them, then fry them with fresh Butter, strain it, with which anoint the back morning and evening warm, laying

ing on a linnen cloth.

Or,

Take half an ounce of the plaſter called Diachylon ſimplex, of Deminio and Diapalma, of each as much, melt them together with a little oyl of Roſes, and ſpread a plaſter thereof on linnen or leather, lay it to the back.

Againſt the biting of a mad Dog, or any other venomous creature.

LEt the wound be waſhed well with Vinegar and Honey, or Honey and white wine, then apply ſome Treacle mingled with Turpentine and Butter, or elſe Garlick and Onions ſtamped with Butter, or Sallet oyl.

Give the party morning and evening ſome London Treacle, or Venice Treacle in Poſſet drink wherein is boyled wood-ſage.

To heal the ſore after the Venome is out, apply a plaſter of Flos Unguentorum.

Or,

Take of Rue as much as you can hold between two fingers, of Garlicke, half

half as much, of Wallnuts, or the huskes, or the leaves of the Tree, a handful; ſtamp and ſtrain them with Ale or Beer, add thereto of London Treacle or Venice Treacle the quantity of a nut; drink off the liquor, and lay the fæces, or that which is ſtrained out, to the ſore.

Or,

Take a good handful of Betony, as much of wilde Sage; boyl them in Poſſet-drink, and take thereof morning and evening with ſome Treacle of Andromachus.

Or,

Give fourty grains of Gentian root in powder (or more in a ſtrong body) with Poſſet drink for two or three mornings together.

If it be a mad Dog, diſſolve a little Mithridate or Treacle of Andromachus in Treacle-water, or wine Vinegar; dip raggs in it, and apply it warm to the ſore, and rub the ſore often with it: Afterwards lay upon it a Poulteſs made with Turpentine, Honey and Onions, or Garlick, buiſed therewith.

The liver of the mad Dog is commended,

mended, if it be given the party in powder to drink in Poſſet-drink.

If Bees or Waſps ſting any, preſently pull out the ſting if it be left behinde, and lay Honey to it, or Mithridate, or Cow-dung with Sallet-oyl.

If the eye be ſtung, pull out the ſting preſently and apply Carduus bruſed with the white of an egge, and ſo renew it two or three times if need require.

Againſt Deafneſs.

TAke one ounce of oyl of Caſtor, oyl of Roſes and oyl of bitter Almonds of each half an ounce, Aqua vitæ one ounce; boyl them together till the Aqua vitæ be conſumed. Put four or five drops of it into the ear a little warm every night, and ſtop the ear with black wooll.

Or,

Take the powder of Bayberries and boyl it in oyl of Lillies or Sallet-oyl, then drop ſome of it into the ear every night, and ſtop it as before.

Or,

Or,

Boyl Bayberries (being firſt well bruiſed) in white wine, and hold your ear over the hot fume thereof two or three times in a day.

Or,

Take Marjerom, Rue, Camomill and Roſe-mary, of each a like quantity, boyl them in Vinegar; take the fume thereof into the ear or ears with a Tunnel or Funnel, after this is done, put ſome oyl of bitter Almonds into the ear and ſtop it with wool.

Or,

Take the juyce of Ground-Ivie, and put it warm into the ear; ſtop it as before.

Or,

Take two ounces of the juyce of Rue, as much womans milk, boyl it together till it be curdled, then ſtrain it, dip wood in the juyce warm and put it into the ear.

Or,

Take an Onion and cut a hole therein, then put into it oyl of bitter Almonds and freſh Butter without ſalt, boyl them together gently: drop of the

the liquor into the ears warm.

Against dim and sore eyes.

TAke Fennel, Vervein, Celandine, Rue, Eye-bright and red Roses of each two handfuls, distill them and wash the eyes therewith.

Or,

Distil green Wallnuts (huskes and all) in a Still, and wash your eyes with the water,

Or,

Take half an ounce of Tutia stone, or Tuttie, make it into fine powder, and put it into four ounces of white wine, as also two ounces of red Rose-water, shake it often together, and wash the eyes therewith.

Or,

Take of the juyce of Ground-Ivy, Celandine, and Daisies, of each one ounce, put to them a little Rose-water, and white Sugar Candy in fine powder.

Against

Againſt watering and itching of the eyes.

TAke one ounce of Lapis Calaminaris, make it hot in the fire, then quench it in half a pint of white wine ſeven or eight times, when this is done make it in fine powder, and put it to the wine; waſh your eyes therewith.

Or,

Make a plaſter of Gumelemnic, and lay it to the Temples. This will ſtop the Rehume.

Or,

Take one ounce of Tuttie in fine powder; four ounces of freſh Butter without ſalt, one ounce of oyl of Roſes, mix them together and make an oyntment, with which anoynt the eyes at night.

Or,

Take half an ounce of Lapis Calaminaris, and of white Candy as much, of white wine one ounce or more; make the ſtone red hot in the fire, let it cool, then make it into fine powder; mix it with the wine, and put in the white

white Candy in power; keep it in a glass for your use.

Or,

Take a good handful of young red Fennel, as much of Eye-bright, one ounce of white Sugar-Candy, a quarter of an ounce of white Coperas; boyl them all in a pint of running water till about half be consumed, then strain it, and drop of the cleerest into your eyes.

Or,

Take half an ounce of white Coperas in powder, and fourty grains of Orris root in powder, add to them two or three ounces of red Rose-water, and wash your eyes therewith, or drop some into your eyes.

Against spots in the eyes.

DRop the juyce of Celandine into the eyes.

Or,

Take the juyce of Ground-Ivie, and put into the eyes.

Or,

Take half an ounce of burnt Co-

cle-shels, as much of Olibanum, and a quarter of an ounce of Sarcocolla, make them all in fine powder, and blow some of it into the eye with a quill.

Against Bloodshotten and red eyes.

TAke Wormwood, bruise and mix it with the white of an egge and a little red Rose-water; apply it to the eyes.

Or,

Put into the eye white Sugar-Candy in fine powder.

Or,

Take new Cheese often washed in fair water, beat it with the white of an egge, and apply it to the eye, or eyes.

Against the Tooth-ach.

VVAsh your Teeth with a decoction made with Vinegar and Hysope.

Or,

Take Henbane root, bruise it, and boyl

boyl it in wine Vinegar, hold the decoction in your mouth.

Or,

If Rheume be the cause thereof, chew a piece of Pellitorie of Spain in your mouth, and that will draw much Rheume.

Or,

Take Salt, Pepper and Garlike, beat them together, and being put into a clout, hold it in your mouth.

Or,

Take Sage and Pellitorie, boyl them in Vinegar, and hold thereof in your mouth as hot as may be.

If it be a hollow tooth, put a little Mithridate therein.

Or,

Take lint and wet it in oyl of Spike, oyl of Origanum, or oyl of Cloves, put it into the hollow tooth: But the best remedy for a hollow tooth is to pull him out.

Againſt an Ague.

Inward means

TAke Carduus, Centory, the roots of Butter-bur, of each a quarter of an ounce, make them into powder, of which take as much as will lye on a ſix pence, in Poſſet-drink wherein Marigold flowers have been boyled. Give it before the fit commeth, and let them ſweat.

Or,

Take a dram (which is half a quarter of an ounce) of Carduus, or Butter-bur root in powder, give it in Poſſet-drink before the fit, and ſweat after it.

Or,

Take a ſpoonful or two of the juyce of Germander, and give it the party warm before the fit cometh.

In the hot fit Orreng poſſet is very good or Lemon poſſet.

Againſt

Againſt the cold ſhakings of Agues.

Take Camomill and Wormwood of each a handful, boyl them in Poſſet drink and give thereof in the cold fit.

Againſt Agues.

Outward means,

Take a Pickl'd Herring, ſlit him in the middeſt, and apply to the ſoles of each foot one part warm; let it ly on ſix or eight hours; do this before the fit commeth.

Or,

Take Celandine, Rue, of each one handful, bruiſe them ſmall, and add four ounces of black Sope, the whites of three or four eggs; mix them well together, binde it to the wriſts and ſoles of the feet.

Or,

Take Venice Turpentine, ſpread it on Leather, ſtrow thereon Nutmeg and Olibanum in powder, lay it to the wrists.

Or,

Make a plaſter of Veniee Turpentine, and ſtrow on it the Powder of Rue. Apply it to the wriſts.

Or,

Take a good handful of Feverfew, bruiſe it and add a little bay-Salt and Glaſs in powder; lay it to the wriſts.

Or,

Cut an Orenge in the middeſt, and ſpread each part with Mithridate, lay it to the wriſts warm, and bind it on.

Or,

Take Rue and Bayſalt, bruiſe them and lay it to the wriſts.

Or,

Hang Camphor about the neck in a thin rag, or piece of ſilk. This hath cured many, eſpecially children.

Againſt the Collick, Stone, or Gravel.

TAke Parſly-ſeed, Gromel ſeed, of each half an ounce, of Bay-berries as much, of Licoris one ounce, let them be bruiſed aud boyled in Poſet drink,

drink, ſtrain it, and drink thereof morning and evening, a good draught warm.

Or,

Boyl Alexander-ſeed, or the herb in Poſſet-drink; ſtrain and drink of it as before.

Or,

Boyl one ounce of Juniper-berries in Poſſet-drink, adding thereto half an ounce of Licoris; drink morning and evening a good draught, warm.

Or,

Take of time, Parſly-roots, Fennel-roots (the pith taken out) and Alexander-leaves, of each a handful, boyl them in white wine and water ſufficiently, ſtrain it and drink thereof morning and evening.

For the Collick.

Take of Cow-dung one pound, of Cummen-ſeed and Carraway-ſeed, of each one ounce or more, bruiſe them and mixed with the dung, apply it to the belly warm, adding a little Hoggs-greaſe to it.

Againſt the Cough.

TAke of Clarified Honey four ounces, and put to it of Elecampane root in fine powder, half an ounce, or three quarters of an ounce; mix them together at the fire, and being throughly hot, keep it for your uſe, and take often of it.

Or,

Take two hanfuls of Hyſſope, Raiſons of the Sun ſtoned four ounces, Figgs cut in ſlices two ounces, Licoris bruiſed one ounce, boyl theſe in a ſufficient quantity of water, ſtrain it and take often thereof.

Or,

Take two or three handfuls of Horehound two ounces of Licoris bruiſed, boyl them in water, and being ſtrained drink of it.

Or,

Take as much powder of Brimſtone or flower thereof as will lye one a ſix pence, morning and evening in an egge half roaſted, for the ſpace of a week.

Againſt

Againſt the flux or looſneſs of the Body.

BOyl the inward rinde of an Oak in milk, ſtrain it and put thereto powder of Rice, Cinamon in powder, alſo a little Sugar, eat of it often,

Or,

Take one Dram (which is half a quarter of an ounce) of the root of Tormentill in powder, mix it with half an ounce of Conſerve of red-Roſes, and eat it, or let it be given in red wine, or Plantain-water.

Or,

Give fourty grains of Acorn-cups powdered in Riſe milk, morning and evening.

Or,

Give a Dram of Acorn-cups powdered in Poſſet-drink for two or three mornings together.

Or,

Take a pint of red wine, and put to it a quarter of an ounce of Cinamom, and as much Plantainſeed, bruiſed; boyl them

them gently together, ſtrain it, and give often thereof.

Or,

Take Plantain, Knot-graſs and Shepheards-purſe, of each a handful; boyl them in new milk, ſtrain it and being thickned with crums of ſtale white bread, eat thereof.

Or,

Give a Dram of old Venice Treacle morning and evening for four or five dayes together in Plantain-water.

Againſt the Gout.

TAke Milk, boyl it, and turn it with Vinegar, take off the curd and lay it to the part affected.

Or,

Take ground-worms and put them into Vinegar, that they may be purged from filth, then take half a pound of them and a pound of Hoggs-greaſe, beat them together and lay it on.

Or,

Take a pickle-Herring and pul away the bone, ſtamp it very ſmall, then put to it one ounce of Unguentum Populeon

puleon and a little Bole-armonack in powder, as alſo ſome red Roſe-water; Apply it cold to the grieved place.

Or,

Take red Roſe-leaves, Camomill and Melilot, of each on handful, of Linſeed bruiſed or powdered one ounce, of the crums of white Bread half a pound, boyl them in milk to a Poulteſs, adding therefore ſix penny-worth of Saffron and the yolks of two eggs. Lay it on to the grief.

Or,

Take oyl of Roſes and wax of each four ounces Saffron a quarter of an ounce, melt the wax in the oyl, and put in the Saffron in powder, then add the yolks of two eggs, make an oyntment and keep it for your uſe.

Or,

Take a pound of Raiſons of the Sun ſtoned, bruiſe them, and apply it to the affected part.

Or,

Beat a Sheeps-head all to pieces, boyl it with two handfuls of Mallowes, and as much Balm, till the bones fall

fall out; bath the member with the liquor morning and evening.

Or,

Bath the member in Sea-water.

Or,

Take dregs of ſtrong Ale or Beer, and put therein crums of Rie Bread; boyl them to a poulteſs, and apply it.

Or,

Take Wormwood, Walwort, and Bran of Wheat, of each two handfuls, bruiſe the herbs and add two handfuls of Cow dung or Horſe-dung, let them be boyled in Vinegar, till the Vinegar be almoſt conſumed, then apply it warm.

Or,

Take a handfull of red Roſe leaves and a pinte of new milke: boil them with crums of bread to a Poultis, and apply it warm.

Or,

Take a ſpoonful of Bay-ſalt, as much gray Sope, and the quantity of Wall-nut of Boares greaſe, Rue and Sage, of each half a handful. Beat them altogether, and lay it on a cloth to the place affected, renew it once a day.

Againſt

Against the yellow Jandise.

TAke a handful of Angelica-leaves, bruise it, and add Sheeps-dung and Goose-dung of each half a handful, steep them all in a pint and a half of Ale or Beer for one night, strain it and drink thereof a good draught, morning and evening.

Or,

Take of Sheeps dung half a handful, of Goose-dung as much, steep them in a pint of white wine or Ale, one night, strain it, and drink thereof morning and evening.

Or,

Take a good handful of red Nettle crops, boyl them in a pint of Ale or Beer, strain it and drink a good draught morning and evening warm.

Or,

Take of Broom-flowers bruised, a handful of Saffron the weight of six pence, of the juyce of Celandine two or three spoonfuls, of Earth-worms washed clean, a small handful; steep them in a pint and a half of white wine

one

one night, then boyl them gently, ſtrain it, and drink thereof firſt and laſt.

Or,

Let a live Tench be applyed both to the right ſide (where liver is) and to the ſoles of the feet.

Or,

Take the yellow bark or rinde of the Barberie-tree and bruiſe it, then let it be boyled in white wine or Poſſet-drink, when it is neer boyled put in ſome Saffron, and boyl it gently a while, ſtrain it and drink thereof morning and evening.

Againſt the Small Pox or Meaſels.

GIve a little Saffron powdered in in milk morning and evening.

Or,

Give ſome London Treacle to bring them out. It may be given in Dragon-water or Carduus-water.

Or,

Take of the herb Scabious half a handful, or a handful of Figs ſliced, ſix

in

in number, of Licoris bruiſed half an ounce, of Harts-horn as much; boyl them in a pint of Spring-water or Poſſet-drink to about half a pint, ſtrain it, and put thereto three or four penny-worth of Saffron in powder. Give four or five ſpoonfuls thereof morning an evening warm.

Or,

Take of Lentils (the huskes taken off) or Tares four ounces, of Figgs in number ten, of Raiſons of the Sun ſtoned two ounces, of Fennel-ſeed bruiſed a quarter of an ounce; boyl them in three pints of water till the third part be conſumed; when it is neer boyled put in twenty grains of Saffron, and let it boyl gently, ſtrain it and give three or four ounces hereof to drink warm morning and evening.

To preſerve the eyes.

Take of red Roſe-water four ſpoonfuls, of womans milk two ſpoonfuls, of white Candy in fine powder half a quarter of an ounce; mingle them together and drop ſome of it into the eyes warm.

Or,

Or,

Take red Rose-water and put a little Saffron in powder therein, wash the eyes therewith warm.

To preserve the Throat.

Let them hold often in their mouth white or broun Sugar-Candy, or the juyce of Licoris.

Or,

Give them Honey of Roses or Syrup of Mulberies warm.

To preserve the Lungs.

Make them Barly-water with Figgs, Anisseed, Raisons and Licoris. Let them drink often of it warm.

Let them that have the Pox be kept warm, but not too hot; give them broth and beer warm. Let their broth be made with Harts-horn, Sorrel and Mary-gold flowers. They must not eat any meat till the Fever be gone; let them avoid wine, strong beer and hot Spices. When the Fever is past, they may eat meat of light digestion,

potched

poched eggs, and Bread and Butter They may drink with a Toſt and a little Sugar, and after they have drank, let them eat the Toſt, for this will cleanſe their mouth and Throat.

If the Pox ſtrik in, give them Mithridate, Diaſcordium, or Bezarſtone, from two grains to five or ſix grains.

After eight or ten dayes you may anoynt the face with theſe following means.

Take fat Bacon, roaſt it, and let it drop in fair water, then take the droppings and waſh it often in red Roſe-water or Plantain-water; with this let the face be often anoynted.

Or;

Take of oyl of Roſes half an ounce, of Sperma ceti half a quarter of an ounce; mix them together by melting at the fire, ſtirring them till it be cold, then anoint with it.

Or,

Anoint the face with oyl of bitter Almonds and a little Sperma ceti mixed together.

Or,

Take Elder-leaves one handful Marigolds

rigols two handfuls, of French Mallowes or ordinary Mallowes one handful, Hoggs greaſe half a pound, bruiſe and boyl them till the herbs be dry, ſtrain it and anoint therewith.

Or,

Take a quarter of an ounce of Ceruſſe, or Chalk often waſhed in fine powder add to it two ounces of thin Cream, mix them together, and anoint therewith.

To take away the ſpots in the face after they are well.

Take the juyce of Lemons and mix with it a little bay-Salt in powder, waſh the face gently with it, or dip clouts in the juyce of Lemons, and waſh the face therewith.

Againſt the Dropſie.

TAke green Broom, and burn it in ſome clean place that you may ſave the aſhes of it : Take nine or ten ſpoonfuls of the ſame aſhes and boyl them in a pint of white wine, till the ſtrength

ſtrength thereof be out, then ſtrain it make three draughts of the wine. Drink one faſting, another at three of the clock in the afternoon, and the other laſt at night.

Or,

Take a good handful of the herb called Bitter-ſweet, bruiſe it, and boyl it in a pint of white wine, ſtrain it, and drink thereof morning and evening.

Or,

Take half a pound of Cow-dung, Aniſeed and Cuminſeed in powder, of each two ounces, mix them together and lay it on warm to the ſwollen belly or legs.

An Appendix concerning Phlebotomie in the Small Pox.

Becauſe the vulgar do ſo much cry out of letting-blood in the Small Pox, yea count it ſuch a piacle or mortiferous errour I thought it neceſſary to ſatisfie them (if it may be,) that there no ſuch danger as they ſuppoſe.

Whether letting blood be ſafe in the ſmall Pox.

Whether Phlebotomie, or letting blood, may ſafely be uſed in the Small Pox?

Sol.

TO anſwer this queſtion, we muſt conſider the ſmall Pox

Pox *ante eruptionem*, before any ſpots appear, and *poſt eruptionem* after the ſpots appear. In the beginning before any ſpots appear, eſpecially in a full body, on the ſecond day, Phlebotomie may ſafely be done. That this may not ſeem my own I ſhall cite my authority; and firſt I will begin with *Duncanus Liddelius*, who ſaith, *Incipiente morbo, ubi adeſt ſanguinis redundantia, ſi vires & ætas permittant nil melius putatur, quàm à venæ ſectione initium facere*; In the beginning of the ſmall Pox where blood doth much abound, if ſtrength and age permit, no remedy ſo ſafe as letting-blood. And again, *Tutiſſimum eſt in variolis & morbillis ſanguinem de trahere intra quartum diem ſi ſit plenitudo magna aut febris arduus*; It is moſt ſafe in the ſmall Pox and Meaſels to draw blood

Liddelius de feb. l. 3. cap. 9. fol. 273.

before the fourth day, if there be any great fulneſs or burning Fever. *Hollerius* ſaith thus, *Primo aut ſecundo die ſanguis detrahendus eſt*; on the firſt or ſecond day blood is to be drawn away. And he goes farther, and gives a reaſon, *Sic enim melius tranſpirat corpus. Putredinis cauſa intercipitur, levatur natura, & ſi quid vitioſi reliquum eſt, celerius in ſuperficiem corporis repurgatur, &c.* For by letting blood reſpiration is much helped, and the cauſe of putrefaction is intercepted, nature is eaſed, and the corrupt humours are more ſpeedily ſent from the Center, to the Circumference; otherwiſe there is great danger, leaſt by too much putrifaction the Fever be increaſed, and Nature too much oppreſſed with a multitude of humours, that at laſt it bring a ſuffocation to the

Hollerius de morbis internis fol. 827.

Patient

Patient. So that we see Phlebotomie is so far from hindering the coming forth of the Pox, that it is a great help to their more speedy comming forth.

Fuchsius hath these words concerning letting-blood in the smal pox, *Si adulti corripiuntur exanthematis, initio curationis, si corpus plenum fuerit, sanguis mitendus, idq; faciendum antequam apparent exanthemata.* If adult or grown persons be taken with the small Pox, in the beginning, if they have full bodies, blood is to be taken away, but let it be done before the spots appear. Of this opinion are most of the Learned Physitians, *Mercuriales de morb. puer. lib. 1. fol. 24. Farentin. empiric. fol. 390. Pet. Pascalis de feb. fol. 117. Pet. Paulus de cur. morb. lib. 2. c. 10. fol. 209. Pet. Bayrus tract. de Peste, fol. 820. Heurnius de*

Fuchsius de med. mor. lib. 5. cap. 8. fol. 581.

Mercurialis edit. 1623. Faventinus, venetiis. 1554. Pet. Paschalis Ludgduni 1631.

Pet. Paulus Lugdunj. 1587. *Pet. Bayrus, Lugdun. 1578.* *Heurnius Lugduni Batavorum.* CIↃ.IC. IIC. *Rondeletius edit. 1628.* *Gordonius, Lugduni. 1574.* *Riverius, Goudæ. 1649.* *Sennertus, Parisiis. 1633.* *Amatus Lucitanus Curation medicin. Centur. 4.*

feb. fol. 139. *Rondeletius method. curand. fol.* 626. *Gordonius de feb. fol.* 52. *River. prax. med. fol.* 157. *Sennert. de feb. fol.* 480.

I hope it doth now plainly appear, that there is no such danger (as the most conceive and imagine) to let blood in the small Pox, all the circumstances well considered. But to make it more plain, I shall bring two or three instances of children that (having the small Pox) have been let blood. *Amatus Lucitanus* let a childe blood of five years old that had the small Pox, and took away four ounces of blood, who soon recovered. *Amat. Lucitan. Cent.* 3. *curat. decimâ sextâ.* And he let blood another childe of seven years old, and took away six ounces of blood. *Cent.* 1. *curat. decimâ.* And *Avenzoar* let his Son blood at three years old, who

who ſoon after recovered. *Pet. Bayr. tract. de peſte fol.* 821. Now if children be let blood in the ſmall Pox, much more may grown perſons be let blood before any ſpots appear. *Baſilie* 1556.

But haply it will be objected, that many that are let blood in the ſmall Pox dye, which haply might have lived, had they not been let blood: to which I anſwer, they may dye after letting blood for theſe reaſons. *Object. of the vulgar.* *Anſw.*

1 Firſt becauſe they wanted good tendance, which is a main and principal help in this diſeaſe, for experience doth manifeſt that if they be kept too hot or too cold, or take cold Beer or Broth how dangerous it is. 1

Secondly, becauſe they wanted good Cordials to expel out the Malignant humours. 2

Thirdly, becauſe their glaſs is run 3

run, and the Almighty hath set their time beyond which they cannot pass; for *Statutum est omnibus semel mori*; it is appointed for all men once to dye; and what man liveth and shall not see death? *Quod natura negat, reddere nemo potest, & contra vim mortis non est medicamen in hortis.* Therefore let not the vulgar judg rashly, Phlebotomie to be the cause.

Some * Physitians go yet farther, and give counsel to let blood though the spots appear, in full and plethorick bodies where the Fever is violent, and that not onely onuce, but to reiterate Phlebotomie; which course I durst never attempt nor venture upon; yet I once knew a young man about seventeen years old of a full body, after the Pox were come forth, that was let blood, who

* *Erumpentibus pustulis fas est sanguinem detrahere non semel duntaxat, sed bis terve pro ratione & necessitate indicationum. Pet. Paschal. de feb. fol. 117. Historie.*

who soon after recovered but before he lay senseless. But in such cases I wish practitioners to be very c cautious, of letting blood, for fear of hindering Nature in expelling the venomous humour, as also to prevent the calumnie of those that are too apt to censure the best actions, and the most painful labours of the learned, especially if it happen that the Patient dye of the disease. I might here also answer an other question concerning letting blood in Pestilent Fevers when any spots appear, but those that desire satisfaction herein, let them consult with these following Authours, *viz. Hercules Saxonia de feb. fol.* 150. *Montanus de feb. pestil. cap.* 50. *fol.*

Cæterum perpetuum non est abstinere Phlebotomiâ, cum jam papulæ in superficie corporis exiterunt. Etenim sit aliquando præcopia vitii, ut & plurimum reliquum sit in corpore, urgeat vehementer difficultas spirandi gravis fit febris: quo tempore si nihil repugnat, vena secanda est, Holler. de morb. intern. l. 2. fol. 828. *Pet. Bayrus de peste f.* 820. *Faventius empiric fol* 390. *Hercules Saxonia, Venetiis* 1620. *fol* 10. *Ioh. Baptist. Montanus Basiliæ.* 8.

50. fol. 463, 464, 465, 466.

Pet. Salius Bononiæ. 1584. 4. Massaria Lugduni. 1634. fol.

Pet. Salius diverſ. de feb. peſtilent. cap. 24. fol. 200. Maſſaria lib. 2. de peſte fol. 530. 531.

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